



HANDSTAND WORKSHOP

As an international Artist & ex high level gymnast, I developed since many years handstands & balance abilities. I'm teaching « road to handstand... » from beginner to expert - private & groups (up to 10)

« The key to keeping your balance is knowing when you lost it »



- 2 times French champion on floor exercises
- Cirque du Soleil performer for the show KA - Las Vegas
- U.S. champion category innovating & unique apparatus
- TV shows, special events worldwide

« Learning to balance on your hands is a battle between your physical self & your mental self »

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